What can I do with my major...

Program Description

The Exercise Science program is committed to serving all qualified students in a culturally diverse population through introducing the skills to improve fitness and wellness in the community.

With the expansion of professions in sports, fitness and activity related to health care, Exercise Science is widely recognized as a degree program that can be used as a foundational Bachelor’s degree for acquiring health profession certifications and degrees. Graduating with a degree in Exercise Science opens the door to a broad range of opportunities for careers including, personal training and/or strength and conditioning, athletic training, exercise testing technician for cardiac rehabilitation patients, wellness program director, exercise-based research, coaching and other health care related field vocations.

SAMPLE CAREERS

- Athletic Trainers
- Physical Therapists
- Coaches and Scouts
- Professional Athletes
- Recreational Therapists
- Exercise Physiology
- Orthopedic and Prosthetic Therapists
- Pathology and Experimental Pathology
- Pharmacology

EXERCISE SCIENCE

TYPES OF EMPLOYERS

- Hospitals
- Out Patient Clinics
- Private Offices
- Sports Facilities
- Self Employed in the private sector
- Rehabilitation Centers
- Adult Day Care Programs
- Schools

School of Education Graduation Requirements:
- 124 credit hours
- 2.25 cumulative GPA

School of Education
Sally Nichols-Sharpe, Ed.D., Acting Dean
(918) 781-7213